



Suzanne Sherkin delivers high-energy, high-content workshops that teach the skill and the art of communicating.

Dynamic with a flair for motivation, Suz has had 25 years experience as a professional communicator – with national experience as a writer, magazine editor, media trainer, television journalist, radio producer, political speech writer, communications strategist, language teacher, and public speaking coach.

Now, as CPO of Highborn Communications, she brings those skills to her *Present Yourself With Power* workshops.



### **Present Yourself with Power ~ Presentation Basics**

This workshop guides you through identifying your public speaking barriers, and offers workable strategies to conquer them – getting you on your way to effectively presenting yourself in everyday situations.

### **Present Yourself with Power ~ The Art and Skill of Making Presentations**

This group workshop focuses on using your voice, tone, and body language to enhance your message, avoid gender-biased communication, handle water-cooler talk, and much more.

### **Present Yourself with Power ~ Leading by Example**

This advanced level focuses on working through and mastering your personal presentation challenges in a management role.

You'll gain practical experience to effective speaking for a variety of situations: impromptu speaking, prepared speeches, 'Town Hall' meetings, panel discussions, and client meetings.

### **Present Yourself with Power ~ One on One**

Personal coaching can be the fastest and most time-efficient way to develop the speaking skills that will put you at your best.

Highborn Communications is a Canadian-based company that provides training in the skill and art of presenting. It's founded on the belief that good communication is key to success in life, work and play.

Strong communication skills get your message across clearly. When you *Present Yourself with Power* you can inspire people, motivate them, and achieve the results you want. *Don't just be heard... Be understood.*

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